

Upper Extremities, Hand and Microsurgery



„Place your hand in our hands!“

Dear Patient,

The Department of Upper Extremities, Hand and Microsurgery offers highly specialized treatment service that is delivered by a skilled and experienced team of specialist physicians, therapists and nursing staff.



We always strive to find a solution that is right for you. Our efforts, therefore, are not limited to providing you with specialist care and surgical treatment but extend to treating all of our patients with a high level of respect and personal attention.

With a team of highly specialized staff behind us we can ensure that all of our patients are treated by an experienced expert.

With more than 3,000 surgical procedures performed and more than 8,000 outpatients seen every year, the Immanuel Krankenhaus Berlin's Department of Upper Extremities, Hand and Microsurgery is one of the largest in Germany.

Place your hand in our hands!

Yours,

Dr. med. Michael Berndsen

Dr. med. Georg Garantin

Our approach

We offer treatments for the full range of disorders and injuries of the hands, elbows and shoulders.

Our department has extensive clinical experience in treating hand, elbow and shoulder problems, and in restoring function in the upper extremities. In addition to our clinical expertise, we offer state-of-the-art diagnostic and therapeutic equipment as well as comprehensive follow-up treatment that is delivered by experienced hand therapy specialists and physiotherapists.

The quality of postoperative care is a deciding factor in the success of upper extremity surgery. Treatment planning meetings are held daily, with all follow-up treatment planned in accordance with the specific needs of the patient and in close cooperation with our experienced occupational therapists and physiotherapists.

If required, patients can be fitted with braces and/or other support devices. All of our support devices are custom-made by our occupational therapy section and meet the highest standards of quality.



We use the latest surgical techniques in order to alleviate pain and restore function to affected joints.

Your well-being is central to everything we do. The decision as to the best possible treatment options for your case will be guided by the latest scientific evidence, many years of experience and your personal needs.

Other factors that help to produce successful treatment outcomes include comprehensive follow-up care, modern wound management and high quality nursing care.

Areas of specialization

Staff within the Department of Upper Extremities, Hand and Microsurgery have developed certain areas of specialization that allow us to offer a level of expertise rarely seen in other German treatment centers to much larger numbers of patients.



Our main areas of specialization include:

- Surgical treatment of rheumatic diseases
- Finger joint replacement surgery
- Elbow and shoulder joint replacements
- Wrist surgery/secondary reconstruction
- Microsurgery

In addition to these, our Department offers the full spectrum of both conventional and modern upper extremity procedures.

As a specialist center with significant experience in providing high quality treatment to large numbers of patients, we can guarantee that all of our surgical procedures are performed to the highest standards.

Thanks to a high degree of specialist expertise within the Department and continuous advances in the field of surgical techniques, we are able to offer many of our treatments on an outpatient basis.





Conditions treated

Hand

- Arthritis of the hands and fingers
- Thumb basal joint arthritis
- Tendon injuries
- Ganglion cysts of the wrist
- Hand infections
- Hand and finger fractures
- Carpal tunnel syndrome
- Dupuytren's contracture
- Trigger finger
- De Quervain's disease
- Tumors affecting the hands or fingers
- TFCC lesions
- Ulnar plus variant
- Extensor tendon injuries
- Complex regional pain syndrome
- Gamekeeper's thumb

Elbow

- Elbow stiffness
- Epicondylitis
- Ulnar nerve entrapment
- Arthritis of the elbow

Shoulder

- Arthritis of the shoulder
- Loose bodies of bone and/or cartilage
- Impingement syndrome
- Tendon and ligament injuries

Our Senior Team



**Senior Physician and
Joint Head of Department**
Dr. med. Michael Berndsen



**Senior Physician and
Joint Head of Department**
Dr. med. Georg Garanin

Appointments

To make an appointment, please contact the
Heads of Department's Office

Tel. +49 30 8 05 05 - 920

berlin.obere-extremitaet@immanuel.de

How to find us



Travelling by public transport · train and S-Bahn station
“Wannsee“ (trains S1, S7), Bus routes 114, 118, 218, 316, 318, N 16
to bus stop „Am Kleinen Wannsee“

Travelling by car, from the direction of Zehlendorf · Leave the
A 115 at „Kreuz Zehlendorf“ (exit 4, „Wannsee“). Take the B1
(also known as „Königstraße“) in the direction of „Wannsee“,
After passing under a bridge (S-Bahn train), continue along the
B1 until you see the Immanuel Krankenhaus Berlin on your left.



IMMANUEL
DIAKONIE

Immanuel Krankenhaus Berlin

Klinik für Orthopädie und Unfallchirurgie
(Orthopedics and Trauma Surgery Clinic)

Abteilung Obere Extremität,
Hand- und Mikrochirurgie
(Department of Upper Extremities, Hand and
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